



## SUPER 4's ATHLETICS

**Compiled by:**  
H Crump

**Date completed:**  
JANUARY 2020

**Qualification required to deliver this activity:** QTS and /or NGB Level 1 or 2 Coaching Award.

**Date of Review:**  
JANUARY 2020

**It is recommended that AfPE's 'Safe Practice in Physical Education, School Sport and Physical Activity' 2016 Edition is consulted for further guidance.**

STEP 1	STEP 2	STEP 3	STEP 4			STEP 5
List potential Hazards here:	List groups of people at risk from hazards. Including those most vulnerable:	List existing control measures or note where information may be found:	Calculate the residual risk taking the presence and effectiveness of existing measures into account: <b>Severity x Likelihood = Risk Rating</b> (1 TO 3)                      (1 TO 3)			List further control measures necessary to reduce risk to an acceptable level <i>and</i> date of their proposed introduction:
Activity Area – contamination/debris	Pupils / Staff	Pre activity check of area. Professional judgement –do not use area if unsuitable	2	1	2	
Pulled muscles (physical injuries) caused by inadequate warm up / poor technique / accidents	Pupils / Staff	Provide warm up at start of each session. Including muscle specific stretches in relation to activity. Correct teaching of skills and techniques. It is the primary schools' class teacher's responsibility to ensure that their pupils are adequately warmed up at competitions	1	1	1	
Worn or Faulty equipment	Pupils / Staff	Regular maintenance and replacement Report faulty /worn equipment to CEO. Discard and dispose of faulty equipment.	1	1	1	

		Identify faulty equipment with appropriate signage.				
Foreign Bodies in run ups and landing area	Pupils / Staff	Pre activity checks of areas.	<b>2</b>	<b>1</b>	<b>2</b>	
Hit by throwing implement while competing/practising or when spectating	Pupils / Staff	Safety instructions given. Pupils in correct areas. Correct teaching of skills and techniques. Carry throwing implement back to area. Strict control of groups at practice. All throw in one direction in clearly defined area. Group for right hand and left handed throwers It is the primary schools' class teacher's responsibility to ensure that their children are in the correct areas at all times.	<b>2</b>	<b>1</b>	<b>2</b>	
Carrying of throwing implements	Pupils / Staff	Strict supervision for carrying equipment. Use of baskets/bags for carrying equipment	<b>2</b>	<b>1</b>	<b>2</b>	
Throwing implements Physical involvement	Pupils / Staff	Appropriate weight for age and stage and ability of pupil. Correct technique shown	<b>2</b>	<b>1</b>	<b>2</b>	
Injuries due to inappropriate wearing of clothing, footwear, jewellery and long hair.	Pupils / Staff	Pre activity check Ensure appropriate footwear and clothing is worn for the activity. Ensure all jewellery is removed and long hair is tied back. It is the primary schools' class teacher's responsibility to ensure that their children are in appropriate kit, with hair tied	<b>2</b>	<b>1</b>	<b>2</b>	

		back and jewellery removed.				
Pre existing medical conditions	Pupils / Staff	Ensure all staff are aware of any medical condition. It is the primary schools' class teacher's responsibility to ensure that they inform KSSP staff of any medical conditions of their children.	<b>2</b>	<b>1</b>	<b>2</b>	
Hurdles including Sportshall corrugated hurdles	Pupils / Staff	Correct technique shown Clear safety guidelines given. Appropriate height of hurdle for age and stage. Jump only one way. Regular maintenance. Correct underfoot conditions for activity. Correct footwear. Correct assembly of hurdles	<b>2</b>	<b>1</b>	<b>2</b>	
Collision	Pupils / Staff	Use lanes where available. Restrict numbers in race. Clear safety instructions.	<b>1</b>	<b>1</b>	<b>1</b>	
Injury to pupils from adult participation	Pupils / Staff	Adults are not to participate in the physical activity alongside pupils	<b>2</b>	<b>1</b>	<b>2</b>	

<b>SUPER 4's ATHLETICS</b>		<b>Responsible Person</b> HEATHER CRUMP	<b>Job title</b> SCHOOL SPORT MANAGER KSSP CIC	<b>Version no</b> 2																														
<b>Assessment Date</b> JANUARY 2020	<b>I have noted the assessment above and will take appropriate steps to ensure that the members of my department are aware of their responsibilities.</b>  <b>Signed:</b>  <b>Print: H Crump</b>  <b>Date: 6/1/2020</b>	<b>I agree to ensure that the control measures as detailed above are incorporated when teaching this activity. I understand that a copy of this document is available on KSSP CIC server to access as necessary.</b>																																
<b>Next Review Date</b> Annually																																		
<b>Assessor</b> HEATHER CRUMP SCHOOL SPORT MANAGER KINGSBURY SCHOOL SPORTS PARTNERSHIP CIC		<table border="1"> <thead> <tr> <th>NAME</th> <th>SIGN</th> <th>DATE</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> </tbody> </table>	NAME	SIGN	DATE																													
NAME	SIGN	DATE																																